



**Protocol C: as in CDS**  
(Formerly, protocol 101)

Protocol C, or CDS, is a universal, easy to follow protocol with practically no side effects, which makes it indicated for most treatments.

**Protocol C consists of drinking 1 ml of CDS 0.3% (= 3000 ppm)  
diluted in water, every hour, ten times a day  
(the reason this protocol is also known as protocol 101)**

1. Add 10 ml of CDS 3000 ppm (or 100 ml of CDS 300 ppm) to 1 liter of water per day.
2. Take one dose every hour until you finish the contents of the bottle (between 8 and 12 intakes).
3. For severe or life-threatening illnesses, you should increase the dosage little by little, drinking small amounts throughout the day, depending on how you feel, up to a maximum of 30 ml per liter of water.
4. If more is necessary, prepare another bottle. Reduce the dosage in case of discomfort or nausea. Do not drink more than 80 ml over 12 daily intakes (6 ml/h for 100 kg).
5. The treatment can continue for as long as necessary until the patient feels recovered.

**Notes:**

- » The CDS 101 Protocol is used to treat most diseases and as a general 'detox' to cleanse the body of toxins. It is probably the most useful detoxifying procedure we know. To date, it has not caused side effects or unwanted interactions, and it doesn't tend to cause diarrhea.
- » You should wait a prudent interval of 1-2 hours to avoid diminishing the effectiveness of CD. In case of demineralization, you can add 1/4 of seawater.

<b>Summary of Protocol C</b>	CDS / day	Daily intakes in 1 liter of water	Dose / hour
General cleansing	10 ml	10	1 ml
Severe illness	30 ml	10	3 ml
Critical cases	80 ml	12	6.7 ml

10 ml of CDS 3000 ppm (or 100 ml of CDS 300 ppm) + 1 liter of water per day